« 24 HOURS CYCLING SHIMANO » RULES

2019 edition August 24th & 25th, 2019

Clause 1 - PRESENTATION - CONTACTS

CLAUDE GASNAL ORGANISATION (C.G.O.), the event organizer, has been specialized in event management since 1995.

Contact details:

Agence CGO
2. Avenue d'Haouza, 72100 LE MANS (France)

Tel: 00 33 (0)2 43 21 13 24 / Fax: 00 33 (0)2 43 43 84 17 Email: course@24heuresvelo.fr — Web: www.24heuresvelo.fr

CGO organizes now a team endurance-cycling event in partnership with « Le Mans Sarthe Vélo » cycling association and with the support of the French Cycling Federation (FFC). This cycling event is called: "Les 24 Heures Vélo Shimano".

The goal of the race is to run as many laps as possible on the 4,185-meter-long Bugatti racetrack of Le Mans (Sarthe) within 24 hours.

The race will start at 3pm and finishes at 3pm.

Clause 2 – RACE RULES

The present rules are available for download on www.24heuresvelo.fr and will be available at the reception desk on the day of the race.

Participation to the race presupposes that each competitor accepts its rules and commits to respect them.

Clause 3–CONTESTANTS

3-1 - Generalities

« 24 Heures Vélo Shimano » event is open to individuals as well as to 2, 4, 6, 8 rider teams, members of a cycling federation or not, French citizens as well as foreign nationalities, at least 18 of age on the year of the event (no exception).

This year a maximum of 540 teams will be allowed to enter the race.

All commitment is personal. Any person giving his bib to a third person, is held responsible in case of accident occurred or caused by the latter during the event. The organisers decline all responsibility in the event of an accident in this type of situation. Similarly, the organisers disclaim all liability in the event of an accident occurred and / or caused by any unregistered person, running with a bib that it has obtained fraudulently.

The participants being 18 years old between 24th August and 31st December will have to present a certified parental authorization.

3-2 - French Cycling Federation members

Competitors considered members of a cycling federation are participants with a current year's membership transcript acknowledging the validation of a medical check, allowing competition cycling and issued by one of the following federation:

- FFC (French Cycling Federation)
- UFOLEP

- FSGT

- FFTri

FSGT and UFOLEP are multiple-sport federations; insurance guarantees and medical check are thus not the same for each sport. Therefore membership transcripts issued by them must state « cycling » or « cycle sports » and « medical check » to be considered valid.

3-3 – FFC members as non-competitor

FFC members registered as "Pass'Loisir", "Service" or "Encadrement" must turn in a medical certificate if the medical approval is not explicitly stated in the membership transcript. Certificate must be less than one year old on the day of the event.

3-4 - French Non-Members of a Cycling Federation

They must turn in a medical certificate approving the practice of "competition cycling". The certificate needs to be less than one year old on the day of the event.

Specific public-liability insurance and an individual accident insurance are included in the registration fees of the event and will be applied.

3-5 – Members of FFCT (French Recreational Cycling Federation)

FFCT members are regarded as non-members of any cycling federation concerning insurance as well as medical certificate.

3-6 – Foreign Participants

Foreign participants (<u>members of a federation or not</u>) must turn in a **medical certificate** stating "no contraindication to competition cycling". Certificate needs to be <u>less than one year old</u> on the day of the event. No certificate issued on the day of the race!

Disable contestants must turn in a licence delivered by a federation affiliated to the ICU (International Cyclist Union).

Clause 4 – ADDITIONAL STAFF

Beside competitors, a team registration to the event includes paddock access for 2 additional members (manager, medical staff...). Two « **Paddock Staff** » **accesses** will be given to team representative.

Additional staff members can thus keep a close eye on the race but cannot (under any circumstances) have access to neither the racetrack nor the relay area, which are restricted to competitors only.

« **Campsite Staff** » **accesses** are also available as an option for supporters or families. Campsite and Paddock access is free for children <u>under 10 years old</u> (with their parents).

Children are under the sole responsibility of their parents who are required to monitor, especially in the area of the paddock to not disturb the competitors during the relay.

Clause 5 - Equipment

5-1 – Cycles

Are authorized:

Competitors can use the equipment of their choice:

Road bikes, mountain bike or hybrid bikes, equipped with disc brakes or skid brakes

Are not authorized:

Tandem, recumbent bikes, time-trial bikes, fixed-gear bikes, flexible bike (Bromptons bikes, Dahon curveb...), Handbike, custom bikes, monocycles, electric bike, spoke wheels and lenticular wheels.

Types of bike

Various types of bikes (road, mountain or hybrid bikes) are allowed within the same team.

Lighting

A red light (not turn signal) visible from behind will be set on the bike during night time.

Bikes safety

Bikes must fulfil the following safety norms:

Handlebar-end plugs and stuffed stem, no prominent part. Bar-end extensions and triathlon handlebars are unauthorized.

Bike storage

Bikes can be parked in the competitors' Working Paddock (at the back of the paddock - area restricted to competitors and staff only) during the whole race (antitheft to be envisaged).

Para-Cycling (Handcycling)

Handcycles can be modified according to your needs. These modifications mainly concern brakes, gear change, drive and pedal cranks. However it must keep the appearance of a "right bike" and all changes must be in line with the competition regulations for handcycles as laid down by the FFC/UCI.

5-2 – Helmet & Outfit

It is mandatory for a rider to wear a helmet (EU standards) when riding. A helmet must be fastened during the whole duration of a leg as well as during the racetrack study on Saturday morning. While relaying a helmet must be worn before the rider starts a leg and can only be taken off after the rider is off the bike when finishing a leg. Riders not respecting these rules will be immediately disqualified.

Clause 6 – REGISTRATION TERMS

6-1 - General Terms & Conditions

Team (contestants, staff and team representative) registration form can be found online on www.activeeurope.com or on www.24heuresvelo.fr/en. No registration by phone or post.

Registration starts the 20th of November and last until June 19th.

Registration must be filed as a team. Individual registration is only possible for the Single category.

No registration is possible on the venue on the day of the race.

No medical certificate will be delivered on the venue.

Teammates' names can be submitted on our website until the registration closing day. You do not have to know all riders names to register your team.

In case of rider modification after the registration closing date, you will have to show the medical certificate of the new rider on the venue the D day.

Registration is not considered valid until approved by CGO. Failing which registration fees will be kept by the organiser to cover incurred expenses.

It falls within the competence of CGO to accept or reject an application.

Registration is considered as a binding commitment; no refund will be made. It implies full acceptance of the rules and cannot be refunded for any reason whatsoever (illness, examination, marriage, etc...).

6-2 - Representative

Each team has to name a team representative. He/she will be the only contact with the organiser. Team representative is responsible for his/her team, which will be identified by a team name (cycling club, sponsor...)

After the end of the registration, each team representative will receive a post mail which contains the track access of his team.

In case of loss of bracelets or access materials, no reissue will be possible.

6-3 – Payment of registration fees

Payment of registration fees will be made by Credit Card only on the website www.24heuresvelo.fr.

6-4 - Final Registration Procedure on the venue

The final registration procedure will be followed at the reception desk on the Bugatti circuit:

- All competitors must sign the race sheet.
- Members of cycling federations and non-members must show **an identity card or passport and the original medical certificate** stating "no contraindication to competition cycling" (less than one year old on the day of the event).
- Organiser requires a **deposit check** (75€ held not cashed) per team payable to CGO for timing microchips. The check is given back at the end of the race when team returns their microchips. Check will be kept in case team doesn't return all chips.

Clause 7 – TEAM CATEGORIES& REGISTRATION FEES

7-1- Category List

<u>CATEGORIES</u>								
« <u>SINGLE</u> »	(1 Contestant)	\square MAN	□WOMAN					
« PAIR »	(2 Contestants)	\square MAN		□ MIXED				
« 4 RIDERS - TEAM	» (4 Contestants)	\square MAN	□ WOMAN (100% Women)					
« 6 RIDERS - TEAM	»(6 Contestants)	\square MAN	□ WOMAN (100% Women)	☐ MIXED (2 women min.)				
« 8 RIDERS - TEAM	»(8 Contestants)	□ MAN	□ WOMAN (100% Women)	☐ MIXED (3 women min.)				

CGO is free to modify the category list according to the teams' registration.

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7-2- Registration Fees

Registration fees and track access depend on the number of contestants

	Price per team (-9% before february the 28th)*	Price per	Track Access** by team		
Registration		team (After February the 28th)	Rider	Access Paddock+Camping	Parking
SINGLE	300 €	330 €	1	2	2
PAIR	480 €	525 €	2	2	2
4 RIDERS – TEAM	720 €	790 €	4	2	3
6 RIDERS – TEAM	840 €	920 €	6	2	4
8 RIDERS – TEAM	960 €	1050 €	8	2	5

(VAT included (20%))

7-3- Registration Package Includes:

• 24 HOURS CYCLING SHIMANO RACE (LE MANS)

- Paddock access for your team
 - o Pit to share with other teams
 - (Team = Riders + 2 Paddock-staff members)
- A gift bag for each competitor
- Supplies in the Paddock: snacks and water and technical assistance
- Access to « Houx » Campsite within the circuit facilities (from Friday 10am until Monday 12am)
 - o Pass for personal vehicles:1 for 2 team's member
 - o Access to electricity terminals: paddock and campsite (Useful: three phase electrical connectors)

ACCESS TO THE BUGATTI RACE TRACK

- Official Bugatti-circuit track floodlight system
- Official Bugatti-circuit CCTV system
- Access to toilet facilities: paddock, campsite and village

• TIMING SYSTEM

- Microchips (to be fixed to the right ankle)
- Shirt numbers
- Real-time ranking broadcasts (One screen per box)
- Free Wifi access (race ranking access) with your own computer
- Team's diploma and final race ranking on www.24heuresvelo.fr after the race

• PARTNERS' VILLAGE ACCESS

- Shows, exhibitions and workshops...
- Exhibition stands from partners

^{*} For a team having fully paid the registration fee before February 28th of the year of the race.

^{**} Bracelets are individual and are to be correctly adjusted to the right wrist. We reserve us the right to exclude any entrant whose bracelet is removable.

• SUPERVISION, ORGANISATION AND SAFETY

- Supervision of the race
 - o Track marshals and stewards
 - Official FFC judges and umpires (Static and motorized)
- Organisation and logistics
- Medical staff

Clause 8 – RECEPTION DESK

Registration checks will take place at the Bugatti-Circuit on Friday from 3pm to 8pm and Saturday from 8.00am to 11.30am.

Participants must have been registered beforehand and thus present on the listing created after reception of **complete registration packages**. Bib number to communicate at the registration desk.

When registration check is complete team receives a competitor kit including shirt numbers, microchips, badges and gift bags, as well as a "Depôt Minute" pass for your car. This passwill allow you to access to the "Dépôt Minute" droping zone on the Saturday morning (7.30am to 1.30pm).

Clause 9 – ACCOMMODATION – PARKING

Registration fees include access to campsite spaces for teams from Friday at 10am until Monday at 12am.

Campsite spaces are not reserved and will be taken by participants as they arrive. The organization reserves the right to intervene in case of dispute.

Barbecues are tolerated at your own risk and only if you have implemented security conditions. CGO puts extinguishers at the disposal of the contestants next to the campsite's refreshment room.

Access to the venue for competitors will only be possible through « Houx » campsite's entrance. Track's access will be delivered by post to the team representatives in August

« Houx » campsite is located about 400 meters away from the pit-stop zone.

Toilet and shower facilities are available in the paddock and in the campsite.

Participants can park their vehicles in the campsite facilities, as follows:

- 2 vehicles for Solo and Duo
- 3 vehicles for 4-rider teams
- 4 vehicles for 6-rider teams
- 5 vehicles for 8-rider teams

Additional campsite accesses are available at the contestant entrance ("Entrée Concurrent") 5 €/pers.Campsite access is free for children under 10 years old.

Visitors' vehicles can be parked on another area, whose access can be made through northern entrance of the circuit ("Visiteurs entrance"). This parking area is free.

No motorized vehicle other than the organiser's or safety staff's is allowed to enter the facilities.

Clause 10 – CATERING

In order to help along with teams' organization a catering service (« Athlete's menus ») is available from Friday evening until Sunday lunch at the venue. Meals are booked and paid at registration. For more information about catering meals please check out the presentation portfolio "catering" available on www.24heuresvelo.fr.

Clause 11 -Pits and relay area

Each team will have to share a **pit with other teams in the paddock**. This pit is at their disposal where competitors can get ready before entering the racetrack. Team's area in the paddock is dedicated to race's activities and cannot be used in any case as an accommodation or a campsite.

In the pits competitors may not use hotplates or stoves, smoke and install a tent. The use of mattress is tolerated in the respect of your neighbours. The organization reserves the right to intervene to settle a dispute.

Several teams will live in the same box, so it is important to respect each other.

Inform us when registering if you want to share your pit with other teams by giving us their names.

Team's advertisement to thank sponsors (banner...) is allowed for one per team only and it must be fixed in/around the pit with no damage for the venue. CGO keeps the right to remove any support that does not comply with this rule.

For safety reasons, it is forbidden to climb on the wall in the relay area.

Clause 12 – THE VENUE

In order for the « 24 Heures Vélo Shimano » to be a success, ACO (Automobile Club de L'Ouest) kindly welcomes all of us to the Bugatti-Circuit. We sincerely wish that all participants respect this venue and help to keep it clean during the race as well as before they leave.

Thus it is forbidden for riders to throw garbage as well as urinating on the track. Let's work it out together! The use of glass bottles is prohibited on the track and on the pit lane.

Contestants are responsible for any damage.

Clause 13 - THE RACE "24 HEURES VELO SHIMANO"

13-1 – **Briefing**

To make sure the race goes smoothly and that safety on the racetrack is guaranteed a mandatory briefing will be held on the venue for all team representatives on the Saturday morning.

13-2 – Shirt Number and timing

A shirt number must be worn and be legible on the back of every rider. Referees have a right to stop a rider temporarily when not complying this rule.

The chip must be fixed to the ankle, on the <u>right side</u>, using the Velcro strap provide by the organisation. Be sure to pass on timing loops (pitlane entrance/exit and on the track), not beside and do not remove your chip before your stop in front of your pit.

13-3 - Route

Only registered contestants are allowed to enter the race track's grounds with identifiers corresponding to their registration (Bib, bracelet etc...).

The track, Bugatti Circuit, is entirely closed and floodlit at night.

The track is open to competitors for studying on Saturday morning. Studying the track is only allowed by bike. No motorized vehicle other than organiser's or medical staff's is allowed on the premises before, during and after the race. It is forbidden **to follow a rider** in any way (bike, motorbike) on the track as he starts his relay.

13-4 – Starting Grid & Race Schedule

The starting grid will be set according to the number of competitors in a team, then to the team's number: 4-riders on the first line, followed by 6-rider teams and 8-rider teams, then 2-riders team and solo riders.

Make sure you respect the starting order, under penalty.

The "Le Mans Style" start is scheduled Saturday at 3pm with the rider on one side of the track and his bike hold by a teammate on the other.

For safety reasons it is **forbidden for the teammate to push and bring the bike to the rider**. The bike must remain stationary against the wall, under penalty for the Team.

Under specific circumstances (especially weather related) the organiser has a right to postpone start time and/or bring forward finish time. The announcement will be made at the microphone

13-5 – Riders supplies

Riders' supplying by a visitor is forbidden on the track, but must be done on the relay area in the pit.

13-6-Repairs

Changing frames as well as assistance from a third party is strictly forbidden on the track. Checks will be performed throughout the race.

The technical assistance between relays is free. Assistance and repairs are allowed out of the track and relay area.

In case of mechanical problem or flat tire a rider can repair on his/her own or receive help from another rider.

13-7- Race incidents and bike falls

When mechanical problems or flat tire occur outside relay area and in the case that the rider cannot fix it from where he/she stands the rider has to finish the lap (the right way up) to join the pit.

After a fall that requires medical-staff assistance, the race doctor has a right to deny the rider to resume the race for safety reasons

13-8 - Withdrawal while on the Track

In case of withdrawal of a rider or severe injury, referees will bring the microchip back in the "referees pit" (n°25). The next rider will have to ask for the microchip from referees before to start his leg.

In case of heavy damage, or significant material damage, bike will be brought back to the paddock by organiser's vehicle (stand + relays zone).

13-9-Race at Night

A bike light must be **lit on** during the night part of the race, from 8.30pm until 6am. A red light (not turn signal) and visible from the back must be set on every bike and visible from behind. Any defect must be immediately dealt with in relay area where repairs will be carried out.

Marshals and judges can impose a penalty when a defect is reported and these rules are not applied.

13-10-Relays and Race Finish

Relaying is restricted to the relay area only. The rider waiting for his relay is the only person allowed in the relay area. A penalty is imposed to the team not complying this rule.

Race strategy and relay management are free.

Pit lane's speed will be automatically controlled with the microchips.

For everybody's safety, speed limit is 20km/h maximum under penalties between the two timing loops marked on the ground.

Be careful to keep your microchip at your right ankle when passing on the timing control system in the relay area and until your stop in front of your pit.

Only riders of the team duly registered are allowed to take the track. Non-compliance of this rule is penalized by disqualification of the entire team.

Finish signal will be given for the leading rider 24 hours after the start. Laps started before finish signal but not completed yet must be ridden till the end in order for them to count. **It is forbidden to follow a rider on his/her last lap.**

A SAG wagon (car or motorbike) will follow the last rider and ensure all competitors have left the track.

Clause 14- RANKINGS - AWARDS

14-1 – Type of Rankings

An overall ranking as well as rankings by categories (if three teams minimum) will be held based on the longest distance ridden.

If a team doesn't belong to any category it will only be part of the overall ranking.

All rankings will be published at the end of the race so that every contestant is aware of his/her performance.

Should **the race be stopped**, rankings will be held based on all previous race checks made from the start of the race until 30 minutes before decision to stop is made.

14-2 - Awards

Winners of the overall ranking and of the rankings in each category will be awarded. These teams are the only ones to mount the podium.

Cash will not be offered as an award as this wouldn't correspond to the ideas of sportsmanship and conviviality of the event.

Clause 15-PENALTIES & CONTROLS

Undisclosed and unexpected checkpoints will take place throughout the race in order to ensure legality, security and safety. Checks will be performed by track marshals and race judges (fixed or motorized).

In case of cheating, penalties will be awarded up to disqualification.

Judges are empowered to impose penalties up to disqualification in case of **cheating**, with the possible effect of modifying the rankings. They are as well in charge of ensuring sportsmanship of everyone. Unsporting behaviours will also lead to penalties for the perpetrator according to the level of risks incurred.

Penalties are the following (no warning during the two last hours of the race):

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1st Level	Warning
2nd Level	1 Lap penalty
3rd Level	Disqualification

They are addressed to all members of team.

Race's facts that bring penalties: stolen starting (before the gun shot/the flag down), start without helmets, speeding in the pits, supplying out of stand, insults, anti-sporting behavior, objects drop,...

The use of doping products is strictly forbidden inside the circuit. The consumption of alcohol is subject to regulations on public roads and may be controlled.

Clause 16 – Claims & Complaints

Claims and complaints must be filed by team representative and addressed to the race director no later than 15 minutes after the end of the race.

Clause 17 – Safety, Help and First-aid

First-aid workers and medical staff are present on the venue. They are coordinated by a certified organization. Bugatti-Circuit's official CCTV is also used during the race in addition to volunteers and motorcycle on the track.

Clause 18 – CCTV-Image-Reproduction Rights

The race site is under video surveillance.

Each participant, as per his/her registration to the event, explicitly authorizes CGO, free of charge, to use images where he/she could be appearing during the event and to reproduce these for any type of material (pictures, image files, logos, drawings, set designs, videos, television, cinema, sales brochures, posters, flyers, internet, billboards) in France and abroad, for a ten years' period from the date of the edition during which the images were taken. Each participant also acknowledges and authorizes that a drone could flight over them and take pictures used to promote the event.

Each participant also acknowledges and authorizes that data given is filed electronically (loi n°78-17 du 6 janvier 1978: French Law for Personal Data Protection Rights). Since May 25, 2018, CGO complies with the new European Data Protection Regulations: the RGPD. Each participant may request the modification or deletion of his account at any time. No information is transmitted without your consent to the event partners.

Clause 19- INTELLECTUAL PROPERTY - BRANDS

« 24 Heures Vélo » is a registered trademark. Using it without CGO prior authorization is forbidden.

Clause 20– RESPONSIBILITIES - STEALS AND DAMAGE

CGO is responsible of the $\mbox{\tt < }24$ Hours Cycling Shimano $\mbox{\tt > }$ organization.

Its civil liability is limited to the coverage received from the insurance policies subscribed for the "24 Hours Cycling Shimano" organization.

Organiser declines responsibility in case of theft or damage occurred before, during and after the race. Each competitor is fully responsible for the equipment he/she might bring to the race.

Participation to the « 24 Heures Vélo Shimano » event presupposes that every member of the team accepts all terms and conditions of the event rules. By accepting these rules all participants renounce any recourse against CLAUDE GASNAL ORGANISATION and LE MANS SARTHE VELO in case of damage or accident.

Clause 21- INSURANCE

CGO commits to subscribe insurance policies for the following risks:

- Public liability of CGO as the organiser as well as voluntary workers involved in the event
- All risks related to the race for non-members of a cycling federation (insurance policy is subscribed at registration and is valid during the 2 days of the race)
- Equipment supplied by partner companies (except vehicles)

CGO subscribed a personal accident insurance contract for unlicensed competitors. This insurance is included in the registration fees.

For additional guarantees, CGO invites contestants to contact their insurer or their broker, ACMANS (Société ACMANS, 53 rue Sainte Croix, 72000 LE MANS Tel:(+33) 2 4374 0268.

However, we highly recommend to participants to check on their own insurance protection before the event.

A copy of the insurance contracts undertaken by CGO for the "24 Hours Cycling Shimano" organization is available on request.

Clause 22– REGISTRATION & CANCELLATION

If postponement of the date of the event, force majeure, natural disasters, climatic condition, health problems (eg pandemic) or any other circumstance, including that endanger the safety of the competitors, the organizer reserves the right to change the scheduled departure or arrival, to cancel or neutralize the race without competitors, partners and service providers can claim any refund.

Clause 23– MODIFICATION OF THE RULES

CGO has a right to give a ruling on or arbitrate any situation that is not considered in the present rules. CGO can also make necessary changes to the rules until 2 weeks before the event.

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