



## 2021 SHIMANO 24 HOURS CYCLING (28/29 August)

### « Covid-19 Health Recommendations // The 6 key points »

What do I have to do, to access to Le Mans Bugatti Circuit for the 2021 Shimano 24 Hours Cycling (27/29 August)?

Here are the 6 key points to find in the Covid-19 Health Recommendations that will be applied during the whole event.

1. Participation in the race = **The health recommendations must be read** by all participants
2. **Valid health passport** to access on site via the “TousAntiCovid” french application  
<https://www.24heuresvelo.fr/en/health-passport/>
3. **Follow the shielding measures** and a physical distance of at least two meters between you and other groups everywhere on site
4. Plan the equipment for the whole event (mask, hydroalcoholic gel...)
5. Only the team representative or one of the riders may collect bibs / gift bags upon presentation of each identity card
6. In the paddock:
  - Boxes will remain open on both sides
  - 3 people per team simultaneously

FAQ available on [www.24heuresvelo.fr](http://www.24heuresvelo.fr)

Contact / Information : 02 43 21 13 24 or [course@24heuresvelo.fr](mailto:course@24heuresvelo.fr)



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### « Covid-19 Health Recommendations »

**Version 1 (29/06/21)**

« Populations » definition = people and / or organization families:

- Participants
  - 540 « Teams » for the 2021 Shimano 24 Hours Cycling (2500 riders in relay)
  - 1080 « Teams Staff» (two people per team: logistic and sport management)
  - **TOTAL PARTICIPANTS: 3 580 (540 on track simultaneously)**
  
- Organisation, Providers and Partners
  - 90 « organizers Staff»
  - 60 « Partners Staff and Providers »
  - **TOTAL ORGANIZATION: 150**

#### The race

The Shimano 24 Hours Cycling event involves teams of 2, 4, 6, 8 riders or even solos. This is a team relay race. 540 teams are expected at the start, for a total of 2500 riders (540 on track simultaneously).

#### 1- Generalities

This 2021 Shimano 24 Hours Cycling Covid-19 Health Recommendations (hereinafter « the recommendations ») prescribed by CGO Événement (hereinafter « the organizer »), defines all the terms, rules, obligations and other related provisions to the health security of the Shimano 24 Hours Cycling, in the context of the Covid-19 pandemic.

The recommendations are applicable to any stakeholder and any person involved in the Shimano 24 Hours Cycling event, which will take place on 28 and 29 August 2021 (hereinafter « the event »), entering on the Bugatti Circuit from Monday 23 August 2021 to Sunday 29 August 2021, holder of an access issued by the organizer.

These recommendations may, if necessary, be updated by the organizer. In case of modification, an amended version of these recommendations will be distributed and will therefore become the applicable recommendations in force. **Each participant agrees to know and comply with these recommendations, as well as any update that may be published.**



a. References for the Health Recommendations establishment:

- Laws and decrees published by the French State
- Health Recommendations defined by the French Cycling Federation
- Outdoor Hotel Health Recommendations
- Recommendations from Le Mans city services
- Recommendations established by the Dokever's Chief Physician

b. Each Team representative and / or each organization representative is responsible for ensuring that all members / employees of his organization:

- Are familiar with these recommendations and its possible modifications before their first entry on site
- Follow these recommendations during the whole event

c. Each person and organization, by accepting these recommendations, undertakes to ensure that:

- All measures, rules and restrictions will be followed
- Anyone entering the Bugatti Circuit will be able to participate in the event in accordance with these recommendations
- Anyone with symptoms during his/her period of presence on site has to imperatively go to the Covid-19 reception unit and comply with the directives of the medical teams or the organization, under penalty or immediate and final exclusion of the site.

d. Notions of groups, sub-groups / dedicated space / workstation

As soon as they arrive on the Bugatti Circuit, all the populations will form groups, or «bubble teams», which will have to apply shielding measures towards other groups. Each group will be based in a space allocated to it, for example:

- Members of a team: dedicated space on the Houx reception area and in the paddock
- Race direction: dedicated space in the video room
- Referee and Speaker: dedicated space in box 25
- Provision team: dedicated space in box 26
- Shimano technical assistance: dedicated space in the paddock

Each organization (team, partner and service provider) must also designate, for the activity that concerns them, a Covid-19 referent who will ensure compliance with the instructions within their group, such as the team representative for participants.

e. Sanctions:

Any breach of this recommendations may, depending on its nature and seriousness, be:



- The exclusion of the person from the Bugatti Circuit with immediate accreditation withdrawal
- The exclusion and disqualification of the team from the Bugatti Circuit with accreditation withdrawal
- Legal proceedings

This 2021 Shimano 24 Hours Cycling Covid-19 Health Recommendations and any claim or controversy arising from the relating to it will be exclusively governed by French law and interpreted in accordance with it.

## 2- Covid Referents

The definition and proper implementation of health security systems are supervised by:

- Dr Patrick Basset, Medical Director for DOKEVER
- Romain Gasnal, CGO Événement President, responsible for the Shimano 24 Hours Cycling

The Covid-19 referent will be the privileged interlocutor in case of a sanitary control or investigation by the health authority. The permanent Covid-19 delegates are dedicated to monitoring this health recommendations. Their role is to advise, monitor and report breaches if necessary.

- François Desmots (Covid-19 referent)
- Alexandra Bruère
- Thierry Hautem
- Florian Danvert
- André Paulouin

Contact : [course@24heuresvelo.fr](mailto:course@24heuresvelo.fr) / +332 43 21 13 24

## 3- Informations and general recommendations

### a. Before arriving at the Circuit and outside the Circuit

Recommendations applicable during the days and trips preceding the visit to the Circuit:

Each person acknowledges having been informed that the Covid-19 virus is in circulation on the national territory, that some people are more at risk of developing severe forms of Covid-19 (source from the French Ministry of Solidarity and Health):

- People aged 65 and over
- Patients with a history of cardiovascular disease
- Insulin-dependent diabetics who are unbalanced or have complications secondary to their pathology
- People with a chronic respiratory pathology liable to decompensate during a viral infection
- Patients with chronic renal failure on dialysis
- Patients with cancer undergoing treatment
- People with congenital or acquired immunosuppression



- Patients with cirrhosis at stage B or C of the Child-Pugh classification
- People with morbid obesity (body mass index > 30kg / m<sup>2</sup>)
- People with major sickle cell syndrome or with a history of splenectomy
- Pregnant women from the third trimester of pregnancy
- People with motor neuro disease, myasthenia gravis, multiple sclerosis, Parkinson's disease, cerebral palsy, quadriplegia or hemiplegia, primary brain malignancy, cerebellar disease progressive or rare disease

**Terms of application of the "Health Passport" with the « Tous Anti Covid » mobile application :**

To learn more about : <https://www.24heuresvelo.fr/en/health-passport/>

Subject to modification of government recommendations in effect during the event.

During the trip, at least between the completion of the mandatory PCR test and arrival at the Circuit, each person must:

- Favour travel, preferably in sub-groups, or in groups only for people from the same organization or team
- Follow health and distancing rules during the trip
- Avoid going to public places

Throughout the event, each accredited person must:

- Avoid, as far as possible, leaving the Bugatti Circuit enclosure
- Avoid frequenting bars, restaurants and public places outside the circuit
- Limit its catering on the circuit within spaces set up by his group / team or by the organizer
- Favour trips outside the circuit with people with the sub-group assigned
- Limit, unless this is necessary for the proper functioning of the event, interactions with people outside the group member (or "bubble team") on the event site and outside

b. Specific measures applicable to people from foreign countries

Travelers from foreign countries are invited to check with the competent authorities to know the access conditions to French territory. Up-to-date information provided by the authorities:

<https://www.diplomatie.gouv.fr/en/coming-to-france/coronavirus-advice-for-foreign-nationals-in-france/>

In case of difficulty or questions, the team representative can contact the organizer by sending an email to: [course@24heuresvelo.fr](mailto:course@24heuresvelo.fr)

c. Preventive measures and applicable recommendations

**Physical distancing**

The rules of physical distancing have to be respected.

Everyone is asked:

- To respect, as far as possible, the distance of 2 meters (with mask wearing) between each person in their allocated spaces, in the same group
- To scrupulously respect the distance of 2 meters (with mask wearing) outside the allocated space



### Hygiene rules

- Very regular hands washing is mandatory
  - With soap and water or hydro-alcoholic gel
  - Washing your hands is mandatory for anyone leaving the living area of their team or entering an area occupied by people other than their organization
  - Hands must be washed before and after going to toilets
- Reinforced ventilation of confined spaces
- Affected surfaces must be cleaning regularly

### Wearing a mask

It is compulsory throughout the circuit from the age of 11 (recommended from the age of 6), inside and outside, throughout the duration of the event (including assembly and disassembly). Only masks authorized by the French authorities are accepted on site.

Recommendations :

[www.gouvernement.fr/Info-coronavirus/](http://www.gouvernement.fr/Info-coronavirus/)

[www.afnor.org/faq-masques-barrieres/](http://www.afnor.org/faq-masques-barrieres/)

How to wear a medical mask:

- Be sure to wash your hands or use hand sanitizer before putting on a mask
- Take the mask and make sure it is in good condition
- Put the upper side where the metal strip is located
- Make sure the correct side of the mask is facing out
- Fit the mask snugly against the sides of your face, slipping the loops over your ears or tying the strings behind your heard
- Put the mask over your nose and mouth and secure it under your chin
- Do not touch the mask when wearing it
- Take off your mask carefully after washing your hands
- Untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Throw away your mask in a closed trash bin.
- Be careful not to touch your eyes, nose and mouth when removing and wash your hands immediately after removing

NB: Similar precautions apply for wearing a fabric mask. In addition, there is the obligation to wash the mask according to the manufacturer's recommendations after using it.

#### d. Symptoms / Medical Care

### Symptoms (sources World Health Organization)

- Most common symptoms: Fever or chills, fatigue, cough
- Less common symptoms: Muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea
- Severe symptoms: shortness of breath or difficulty breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake



### **Medical care**

The medical and organizational teams, under the authority of the Chief Doctor of our provider Dokever (see attestation in the appendix), are empowered to demand any provisions relating to a person likely to be infected, at their sole discretion.

Anyone showing some of their symptoms or in case of contact with an infected person must:

Go immediately to the Covid-19 reception unit at the medical center and follow the instructions posted on site or explained by the medical team in charge or call +332 43 40 38 33.

The reception unit is located in the medical center (see the circuit map in the appendix). The medical center can be identified by specific signage.

When a person comes to the Covid-19 reception unit of the Medical center, a specific device is provided:

- After care and kept in health security in a dedicated room
- An antigen test is performed on the person who is placed in isolation on site while awaiting the result (specific device and quick results)
- In case of refusal to immediately make the test requested by the medical or / and organization teams, the person will be immediately and definitively excluded from the site

Contact: Medical Center +332 43 40 38 33 // CGO Événement +332 43 21 13 24

### **Post-event follow up**

Anyone who would be declared positive within seven days of the event is invited to contact the organization, in order to help the health authorities in monitoring “contact tracking”.

Contact: [course@24heuresvelo.fr](mailto:course@24heuresvelo.fr)

## **4- Communication between people**

Outside of a group (“bubble team”), videoconferencing, telephony or any other ways to communicate, should be preferred as much as possible. Physical meetings can only be scheduled when the distance solution is not appropriate and while respecting barrier measures.

## **5- RT-PCR, Health Passport, access bracelets and bibs collect**

### **a. Methods of applying the Health passport (RT-PCR and vaccination)**

Access to the circuit will be regulated by security officers who will control :

- The health passport validity via the “Tousanticovid” french application
- The good individual access bracelet fixing and the access sticker for vehicles

Anyone unable to present a valid QR code will be denied access.



b. Two accesses are planned:

**Access for the 24 Hours Cycling organization, service providers and partners:**

- Mandatory bracelet access
- Accessible areas:
  - Houx reception area
  - Paddock
  - Village
  - Spectator areas at the edge of the track and stands
- Vehicle access
  - Via the « North » entrance (or “Museum entrance”)
  - Parking inside the circuit (see map)

**Access for the 24 Hours Cycling participants (riders + 2 staffs per team) :**

- Mandatory bracelet access
- Accessible areas:
  - Houx reception area
  - Paddock
  - Village
  - Spectator areas at the edge of the track and stands
- Vehicle access
  - Via « Competitors » entrance (or « Houx entrance »)
  - Parking on the Houx reception area + Houx annexe

c. Bracelets accesses, bibs and chips :

**Accesses, bibs and gift bags**

Competitors must be entered beforehand (that is to say be already present on the lists).

**The riders' medical certificates have to be downloaded before 29 July on [www.24heuresvelo.fr/en](http://www.24heuresvelo.fr/en).  
Their verification will be done before the event.**

Only the team representative or one of the riders, may collect the team's bibs and gift bags at one time and upon presentation of each identity card.

The person will have to announce the bib number at the control tables. The electronic chip and an envelope will be given including the bracelets accesses, bibs, as well as a “drop-off zone” card.

No signature by the team representative but a score by the person delivering the envelope. This score will be taken as proof of “start taken”.

Wearing the bracelet access will be required at the entrance to the circuit from Friday 27 August at 9:00 am.





Accesses can be collected at the « Accesses and Bibs collect » point, next to the Houx reception area (see map) :

- Thursday 26 August from 5 pm to 7pm
- Friday 27 August from 8:30am to 9pm
- Saturday 28 August from 8am to midday

### **Electronic chips**

The timing chips have to be collected when collecting the bibs. To avoid handling, there will be no deposit to give.

The return of the chips will be done immediately after the runner has crossed the finish line on the track and in a “bulk” container. They will be checked later by members of the organization wearing gloves.

## **6- Rules of living on site**

### **a. Reinforced security service**

The security system will be provided by the company BPS

- Access control to the site
- Access control to the paddock
- Compliance with the health recommendations (mobile and ambulatory staffs, particularly in the Houx reception area and the paddock)

### **b. People movement, flow management and contact points**

The public flow organization on the site has been designed to limit crossings and social interactions. A direction of circulation will be created to avoid crossings at each contact point :

- Accesses / bibs / gift bags collect
- Site access
- Reception / Official shop
- Toilets
- Race direction (referees)
- Supplies
- Catering

Additional measures are also planned:

- Hydroalcoholic gel (or soap in the toilets)
- Markings
- Barrier
- Display (reminder of shielding measures)



c. On the track

Wearing a mask is mandatory everywhere on site, with the exception of athletes warming up or riding:

- Either two minutes before departure and one minute after arrival
- Either two minutes before the start of a relay and one minute after the end of a relay

During the race, cycling must be done in accordance with elementary hygiene gestures, such as coughing into your elbow or even spitting into a tissue.

d. Relays

The management of relays is free for each team. The pitlane will be organized into three lanes, to ensure good fluidity:

- Corridor 1: I finish my relay
- Corridor 2: I am waiting for my teammate
- Corridor 3: I start my relay

On lane 2, the rider waits for his teammate with his bike, which naturally allows him to maintain the distance with his neighbours.

e. The paddock

The paddock is an area with limited access for groups of participants (“bubble teams”) and organizational groups (for example: referees, timing group). This is a completely open-air space, since all the boxes will remain open on both sides, in order to ensure good ventilation.

**Sharing boxes**

**Access limited to 3 people per team simultaneously.**

The box is a « technical / sporting” space, where you will find the team representative, who coordinates the relays, as well as the rider who is waiting for his relay. It is by no means a place to live.

The 540 teams will be divided into 59 boxes or 9 teams per box. The area of a box is more or less than 60m<sup>2</sup> or 6.66m<sup>2</sup> per team group. Distance to respect of 2m between each group.

When registering, a “sharing box” field is offered, which allows participants to group together with “friend teams”.

Sanctions are provided for non-compliance (see “sanctions”).

f. Houx reception area

Each team will constitute a “bubble team” as soon as it arrives on site and will apply shielding measures towards other “bubble teams”. Each “bubble team” can share the same space, but respecting the distance of two meters with neighbouring bubble teams.

The Houx reception area allows each group to organize their catering and accommodation. It is a place to live for the duration of the event.



g. Supplies

There is no collective supplies on the track, but a dedicated space at the back of the paddock.

Packaging with individual portions (small plates) is planned, in addition to regulation made by members of the organization.

h. The stands

The most frequented stand being the one above the pits (2.900 seats), messages from the speaker will reinforce the displays reminding the shielding measures and the distance between each team group.

i. Closed spaces

The entire event takes place outdoor, with the exception of the medical center, toilets, the Paddock Café, the information / official shop area and the video room. The following measures will be applied in “closed” spaces:

- Regular or event permanent ventilation (example: boxes always open)
- Presence of a hydroalcoholic solution dispenser (or soap in toilets)
- Wearing a mask is mandatory
- Distancing
- Creation of a direction of circulation to avoid crossings
- Reinforcement of controls by security guards
- More frequent cleaning and disinfection
- “Reminder of shielding measures” display

## 7- Catering

National rules for catering and events from 30 June will be applied on site:

- Individual meals
- No buffet
- Traffic flow
- Hydroalcoholic gel
- Etc.

Both indoor and outdoor catering will be possible. No limited capacity of the establishment will be imposed. No maximum number of people allowed per table. Standing catering is allowed outdoors or under marquees without partitions (terrace above water). However, no dish or plate leading to sharing food between several people is allowed.



Source : [https://www.economie.gouv.fr/files/files/directions\\_services/covid19-soutien-entreprises/Protocole\\_sanitaire\\_renforce\\_traiteurs\\_evenementiel.pdf](https://www.economie.gouv.fr/files/files/directions_services/covid19-soutien-entreprises/Protocole_sanitaire_renforce_traiteurs_evenementiel.pdf)

## 8- The start, the finish, the podium and rankings

### The start

The details about the start procedure will be communicated during the mandatory briefing:

- Wearing a mask is mandatory, with the exception of athletes two minutes before the start
- Ground marking (1m) on the track to help with grid setting
- Grid by group / category of riders at the speaker's call
- Reinforcement of the organization staff to support the grid layout
- Reminder of individual obligations by the speaker (example: wearing a mask at the end of a relay)

### The finish

The finish will be managed with respect to the required distance and a direction of movement will be set up to avoid crossings and facilitate the return to the pits. Wearing a mask is mandatory for the last rider on track, one minute after the finish.

### The podium

Wearing a mask is mandatory, with the exception of a short moment for the athletes when they are on the official steps, sufficiently spaced, so that the photos can be taken.

Presence of a hydroalcoholic gel dispenser at the entrance and exit or the Podium area.

Access to the podium regulated by members of the organization. Delivery of trophies without shaking hands or kisses.

There will be no awards ceremony on the podium, other than trophies and "winning" jerseys.

Reminder of the speaker to respect the physical distance.

### Rankings

The rankings will be available on our website, there will be no posting on the site to avoid groupings.

## 9- Material, equipment and fittings

All accredited persons who are not part of the organization, such as participants, partners and service providers, are required to provide sufficient food and drinks and equipment for the duration of the event, in particular:

- Masks
- Hydroalcoholic gel
- Tissues
- Drink and food supplies



Masks are nevertheless planned for:

- Distribution to members of the organization
- Sale at the official shop for participants

### 10- La Matinale Le Maine Libre – Département de la Sarthe (Morning Event)

The Saturday morning event « La Matinale Le Maine Libre - Département de la Sarthe » won't take place this year.

### 11- Spectators health recommendations

In case of a closed event, spectators (i.e people who are not part of a team of organization) will be banned from the site.

In case of limited capacity, each person will be checked and counted on entry and exit by our BPS service provider. The presentation of a valid health passport will be required to access the site.

The decision will be taken at the beginning of August after consultation with the services of the Sarthe Prefecture.

- OPTION 1: "Paying" spectators
  - Limited to 400 paddock accesses
  - Limited to 600 Houx camping accesses
- OPTION 2: "Free" spectators
  - Depending on exchanges with the Sarthe Prefecture

Access for the 24 Hours Cycling « Paying » spectators:

- Bracelet access to present + control and counting at the entrance
- Accessible areas:
  - Paddock and/or Houx camping
  - Village
  - Spectators' areas at the edge of the track and stands
- Access via the « Competitor » entrance

Access for the 24 Hours Cycling « Free » spectators:

- No bracelet access but a control / counting at the entrance
- Accessible areas:
  - Village
  - Spectators' areas at the edge of the track and stands
- Access via « North » entrance (or « Museum entrance »)
  - Parking area « Outside Dunlop » (see spectator parking map)



# ANNEXES



## CIRCUIT MAP

(Available in August)